

FREE
PDF

Gratitude JOURNAL

WEEKLY SHEETS FOR
WOMEN
ENTREPRENEURS



Gratitude JOURNAL

DATE: _____

MONDAY

I AM GRATEFUL FOR...

1

2

3

4

5

WRITE DOWN YOUR GOAL AS IF ITS ALREADY ACHIEVED

I AM SO HAPPY AND GRATEFUL
NOW THAT....



THE BEST PART OF TODAY WAS...



Gratitude JOURNAL

MONDAY

DOODLE WHAT MAKES
YOU HAPPY TODAY!

LOOKING FORWARD TO TOMORROW BECAUSE...



Gratitude JOURNAL

DATE: _____

TUESDAY

I AM GRATEFUL FOR...

1

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5

WRITE DOWN YOUR GOAL AS IF ITS ALREADY ACHIEVED

I AM SO HAPPY AND GRATEFUL
NOW THAT....



THE BEST PART OF TODAY WAS...



Gratitude JOURNAL

TUESDAY

DOODLE WHAT MAKES
YOU HAPPY TODAY!

LOOKING FORWARD TO TOMORROW BECAUSE...



Gratitude JOURNAL

DATE: _____

WEDNESDAY

I AM GRATEFUL FOR...

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4

5



WRITE DOWN YOUR GOAL AS IF ITS ALREADY ACHIEVED

I AM SO HAPPY AND GRATEFUL
NOW THAT....

THE BEST PART OF TODAY WAS...



Gratitude JOURNAL

WEDNESDAY

DOODLE WHAT MAKES
YOU HAPPY TODAY!

LOOKING FORWARD TO TOMORROW BECAUSE...



Gratitude JOURNAL

DATE: _____

THURSDAY

I AM GRATEFUL FOR...

1

2

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4

5



WRITE DOWN YOUR GOAL AS IF ITS ALREADY ACHIEVED

I AM SO HAPPY AND GRATEFUL
NOW THAT....

THE BEST PART OF TODAY WAS...



Gratitude JOURNAL

THURSDAY

DOODLE WHAT MAKES
YOU HAPPY TODAY!

LOOKING FORWARD TO TOMORROW BECAUSE...



Gratitude JOURNAL

DATE: _____

FRIDAY

I AM GRATEFUL FOR..

1

2

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4

5



WRITE DOWN YOUR GOAL AS IF ITS ALREADY ACHIEVED

I AM SO HAPPY AND GRATEFUL
NOW THAT....

THE BEST PART OF TODAY WAS...



Gratitude JOURNAL

FRIDAY

DOODLE WHAT MAKES
YOU HAPPY TODAY!

LOOKING FORWARD TO TOMORROW BECAUSE...



Gratitude JOURNAL

DATE: _____

SATURDAY

I AM GRATEFUL FOR..

1

2

3

4

5



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I AM SO HAPPY AND GRATEFUL
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THE BEST PART OF TODAY WAS...



Gratitude JOURNAL

SATURDAY

DOODLE WHAT MAKES
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LOOKING FORWARD TO TOMORROW BECAUSE...



Gratitude JOURNAL

DATE: _____

SUNDAY

I AM GRATEFUL FOR...

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Gratitude JOURNAL

SUNDAY

DOODLE WHAT MAKES
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LOOKING FORWARD TO TOMORROW BECAUSE...





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